

DIY Adorable Bunny Doll: The Ultimate PDF Pattern & Sewing Tutorial

Style: Easy to Intermediate Sewing Project

Finished Size: Approximately 80 cm tall (head to toe). Body is roughly 45 cm; Ears are 35 cm.

This tutorial is designed to provide clear, foolproof instructions for recreating the specific pattern shown in the reference images.



1. PATTERN PIECE: "BUNNY BODY"

2. CUTTING INSTRUCTIONS:

- Cut 2 pattern pieces for MAIN BODY FABRIC.
- Cut 2 pattern pieces for INNER EAR CONTRAST FABRIC.

3. MATERIALS & COLORS SPECIFIED:

- Main Body: Textural minky dot fabric (e.g., Dusty Rose and Sage Green are shown). Color: Custom (Dimensioned for one).
- Inner Ears: Fine floral print on light cotton fabric (e.g., Pink floral on light base and Green floral on light base are shown).
- Thread: High-strength poly/cotton thread, matching fabric color.

STEP-BY-STEP ASSEMBLY GUIDE (ENGLISH)

STEP 1: Fabric Preparation & Cutting:

- Lay pattern piece on Main Body Fabric. Trace and cut two mirrored pieces.
- Trace and cut two inner ear pieces from Contrast Fabric.
- Transfer facial feature placements to one front body piece.

STEP 2: Face Embroidery:

- Embroider sleeping eyes, eyelashes, and nose on the front body piece as specified.

STEP 3: Ear Assembly (Pre-Stuffing):

- Sew one inner ear piece to the corresponding body ear section (right sides together). Stitch along the outer ear edge, stopping at the ear base.
- Repeat for the other ear. Trim allowances and clip curves. Turn right sides out and press.

STEP 4: Body Assembly:

- With right sides together, match the front and back body pieces. Ensure ears are tucked inside the body.
- Pin carefully around the entire body perimeter.
- Stitch the perimeter, using a consistent 1.0 CM seam allowance, leaving a 10 CM opening at the lower curved center.

STEP 5: Turn & Finish:

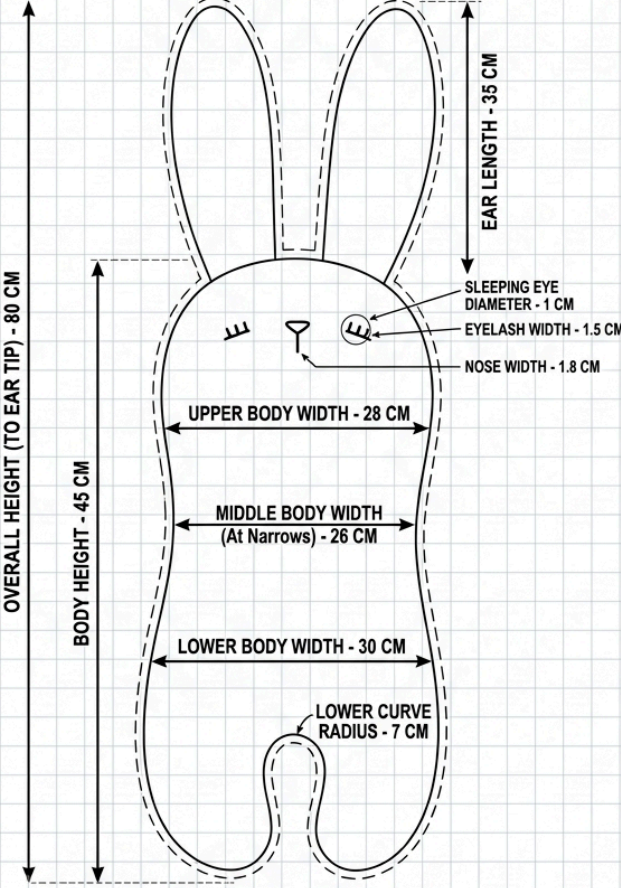
- Trim allowances and carefully clip all inner curves.
- Turn the entire bunny body right sides out through the opening. Press seams gently.

STEP 6: Stuffing:

- Lightly and evenly stuff the ears, then the head, and body through the opening. Use more stuffing for the main body and less for the lower curves to maintain the shape. Avoid overstuffing.

STEP 7: Close Opening:

- Hand-stitch the opening closed using a neat, invisible ladder stitch.



OVERALL HEIGHT (TO EAR TIP) - 80 CM

BODY HEIGHT - 45 CM

EAR LENGTH - 35 CM

SLEEPING EYE DIAMETER - 1 CM

EYELASH WIDTH - 1.5 CM

NOSE WIDTH - 1.8 CM

UPPER BODY WIDTH - 28 CM

MIDDLE BODY WIDTH (At Narrows) - 26 CM

LOWER BODY WIDTH - 30 CM

LOWER CURVE RADIUS - 7 CM

6. FACIAL FEATURES (Pre-Assembly):

- Eyelashes and Nose: Hand-embroidered with satin stitch using 3 strands of embroidery thread.
- Sleeping Eyes: Hand-embroidered with outline stitch.

Preparation, Tools, and Materials

Before you begin, gather all necessary tools and ensure your fabric is prepared (pre-washed if required).

1.1 Materials List

Material	Specifics & Standard Used Here	Notes
Main Body Fabric	Textural Minky Dot or Velour. (Shown: Dusty Rose and Sage Green).	<i>Requires 1/2 yard or a piece approx. 50cm x 70cm.</i>
Inner Ear Fabric	Light Cotton with a fine Floral Print . (Shown: Pink/Green florals on light base).	<i>Requires 1/4 yard or a piece approx. 30cm x 45cm.</i>
Sewing Thread	High-strength polyester/cotton blend.	<i>Must match the main body fabric color.</i>
Embroidery Thread	Fine Black Embroidery Floss.	<i>Used for all facial features.</i>
Stuffing	Hypoallergenic Polyester Fiberfill .	<i>* Approx. 1 lb/500g needed for full, soft stuffing.*</i>
Optional: Interfacing	Lightweight fusible interfacing.	<i>Only needed if your cotton ear fabric is very flimsy.</i>

Project Overview

This adorable bunny-shaped pillow is designed to support and comfort babies while resting. It is soft, safe, and perfect as a nursery accessory or gift.



Finished Size (Approx.)

- Total height (including ears): **50 cm (19.5 inches)**
 - Body height (without ears): **35 cm (13.5 inches)**
 - Width: **18–20 cm (7–8 inches)**
 - Thickness: **6–8 cm (2.5–3 inches)**
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Materials Needed

Fabrics

- Main fabric (front & back): **Cotton, minky, or plush fabric**
 - Quantity: **50 x 60 cm (20" x 24") per bunny**
- Optional accent fabric (ears inner part):
 - Quantity: **20 x 30 cm (8" x 12")**

Filling

- Polyester fiberfill (soft stuffing): **150–200 g per pillow**

Tools

- Sewing machine (or hand sewing needle)
 - Fabric scissors
 - Pins or clips
 - Fabric marker or chalk
 - Ruler or measuring tape
 - Iron
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Suggested Colors

You can follow the image inspiration or customize:

- Bunny 1: **Soft pink**
 - Bunny 2: **Mint green**
 - Ears (inner): **Floral cotton print**
 - Thread: Matching color (or neutral white)
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Pattern Details

You will create **ONE pattern piece** based on the image:

Main Body (Cut 2 pieces)

- Includes:
 - Head
 - Long ears
 - Rounded body
 - Split legs at the bottom

Seam Allowance

- Add **1 cm (3/8 inch)** all around
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Cutting Instructions

1. Fold your fabric in half (right sides together).
2. Place the bunny pattern on top.
3. Trace the shape.
4. Cut **2 identical pieces**.

👉 For ears (optional contrast fabric):

- Cut **2 inner ear pieces** (slightly smaller than outer ears).
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Sewing Instructions (Step-by-Step)

Step 1: Prepare the Face

- Before assembling:
 - Embroider or draw:
 - Eyes (simple closed lashes)
 - Nose (small triangle)
 - Mouth (optional)

👉 Tip: Use black or dark brown thread.

Step 2: Attach Inner Ears (Optional)

- Place inner ear fabric on outer ear area.
 - Sew around edges or topstitch.
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Step 3: Sew the Body

1. Place both fabric pieces **right sides together**.
 2. Pin all around.
 3. Sew along the entire outline:
 - Leave a **5–7 cm (2–3 inch) opening** on one side.
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Step 4: Clip and Turn

- Clip curves carefully (especially ears and legs).
 - Turn the piece **right side out**.
 - Use a stick or blunt tool to shape ears and corners.
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Step 5: Stuffing

- Fill with polyester fiberfill:
 - Start with ears
 - Then head
 - Finish with body

👉 Important:

- Keep it **firm but soft**
 - Avoid overstuffing (especially for baby safety)
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Step 6: Close Opening

- Fold seam allowance inward.
 - Hand stitch using **ladder stitch (invisible stitch)**.
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Step 7: Shape the Legs (Important Detail!)

To create the separated legs:

1. Use a needle and thread.
 2. Stitch between the legs (center bottom).
 3. Pull slightly to create the indentation.
 4. Secure with a knot.
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Safety Tips (Very Important)

- Use **embroidered features only** (no buttons or beads)
 - Ensure seams are strong
 - Use hypoallergenic filling
 - Wash fabric before sewing
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Care Instructions

- Machine wash (gentle cycle)
 - Air dry or low heat
 - Do not bleach
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Optional Variations

- Add a **rattle insert** inside
 - Use **weighted beads (sealed pouch)** for calming effect
 - Make a **larger version (70 cm)** for toddlers
 - Personalize with baby's name embroidery
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Final Result

You will have a soft, minimalist bunny pillow just like the image:

- Long floppy ears
- Rounded cozy body
- Gentle, sleepy face