



# TULIP STAR QUILTED TABLE MAT



## STEP-BY-STEP TUTORIAL



A beautiful quilted table mat with a star in the center and tulip flowers around the edge. Perfect for spring and bright home décor!

**FINISHED SIZE**  
Diameter: 45 cm  
(17.7 in)

### MATERIALS

- Assorted cotton fabrics (see guide)
- Background fabric (cream) 50 cm
- Fusible batting 50 cm
- Backing fabric 50 cm
- Coordinating thread
- Fabric glue pen (optional)
- Rotary cutter, ruler, cutting mat
- Pins, sewing clips
- Sewing machine
- Iron and ironing board

### COLOR & FABRIC GUIDE



### SEAM ALLOWANCE

Use 0.7 cm (1/4 in) seam allowance throughout.

### BASIC QUILTING METHODS USED

- Piecing
- Appliqué
- Topstitching
- Quilting (echo quilting)

## 1. PATTERN PIECES & CUTTING GUIDE

### A. STAR PIECES (CUT)

From assorted prints



60° Diamond  
12 pcs  
(6 of Fabric A,  
6 of Fabric B)  
Cut size: 9 cm x 18 cm

### B. TULIP FLOWER (CUT)

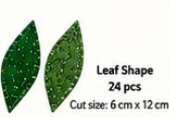
From assorted prints



Tulip Shape  
12 pcs  
Cut size: 11 cm  
(Height)

### C. LEAVES (CUT)

From green prints



Leaf Shape  
24 pcs  
Cut size: 6 cm x 12 cm

### D. BACKGROUND (CUT)

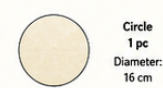
From cream fabric



Wedge Shape  
12 pcs  
Cut size: 12 cm base  
x 12 cm height

### E. CENTER CIRCLE (CUT)

From cream fabric



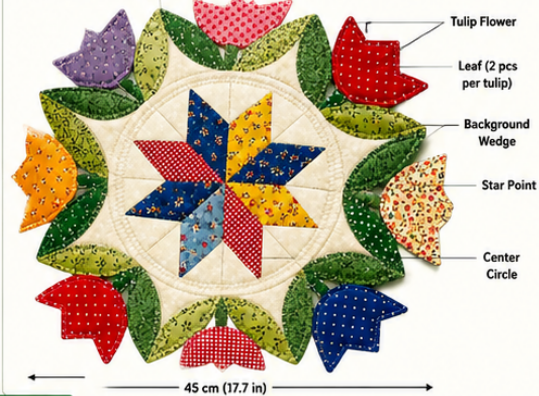
Circle  
1 pc  
Diameter:  
16 cm

### F. BACKING & BATTING (CUT)



Backing: 50 cm circle  
Batting: 50 cm circle

## 2. LAYOUT DIAGRAM



## 3. STEP-BY-STEP INSTRUCTIONS

### 1. MAKE THE STAR

- Pair 6 Fabric A diamonds with 6 Fabric B diamonds.
- Sew each pair together along the long edge.
- You will have 12 diamond units.
- Arrange the 12 units in a star shape and sew together into a circle.



### 2. ADD CENTER CIRCLE

- Sew the center circle to the middle of the star.
- Press seams toward the circle.



### 3. PREPARE BACKGROUND WEDGES

- Sew background wedges between each star point.
- This will complete the inner circle.



### 4. PREPARE LEAVES

- Take 2 leaf pieces and place them right sides together.
- Sew along the curved edge, leave the straight edge open.
- Turn right side out and press.
- Make 24 leaves (2 for each tulip).



### 5. ATTACH LEAVES

- Place 2 leaves between each tulip position (on the outer edge of the background).
- Pin and appliqué or topstitch in place.



### 6. PREPARE TULIPS

- Fold the tulip shape in half (right sides together).
- Sew around edges, leaving the bottom straight edge open.
- Turn right side out and press.
- Make 12 tulips.



### 7. ATTACH TULIPS

- Place a tulip at the top of each pair of leaves.
- Pin and appliqué or topstitch in place.



### 8. QUILT THE TABLE MAT

- Layer: Backing (wrong side up) + Batting + Top (right side up).
- Baste all layers together.
- Quilt around the center circle and along the wedges (echo quilting).



### 9. BIND THE EDGE

- Cut binding strips 5 cm wide.
- Fold in half and press.
- Sew binding to the edge and hand stitch the back.



### 10. YOUR TABLE MAT IS READY!



## BASIC QUILTING METHODS (DETAILS)

### PIECING

Sew fabric pieces together with 1/4 in seam allowance.



### APPLIQUÉ

Attach shapes on top of fabric using stitch or glue.



### TOPSTITCHING

Sew along the edge or design lines for a nice finish.



### ECHO QUILTING

Quilt parallel lines around shapes for dimension.



### BINDING

Covers the raw edge for a neat and durable finish.



## TIPS

- Use contrasting fabrics for a vibrant look.
- Press seams as you go for a flat and neat mat.
- Appliqué can be done by hand or machine.
- Quilted mats make great gifts!

## CARE INSTRUCTIONS



Enjoy your handmade creation!



# Tulip Star Quilted Table Mat

The **Tulip Star Quilted Table Mat** is a cheerful quilting project that combines a traditional eight-point star with colorful tulip appliqués surrounding the edge. Perfect for spring decorating, Easter tables, or everyday farmhouse style, this table mat uses simple piecing, appliqué, quilting, and binding techniques to create a beautiful heirloom-quality centerpiece.

## Skill Level

Intermediate

Basic rotary cutting, accurate piecing, curved appliqué, and machine quilting experience are recommended.

## Finished Size

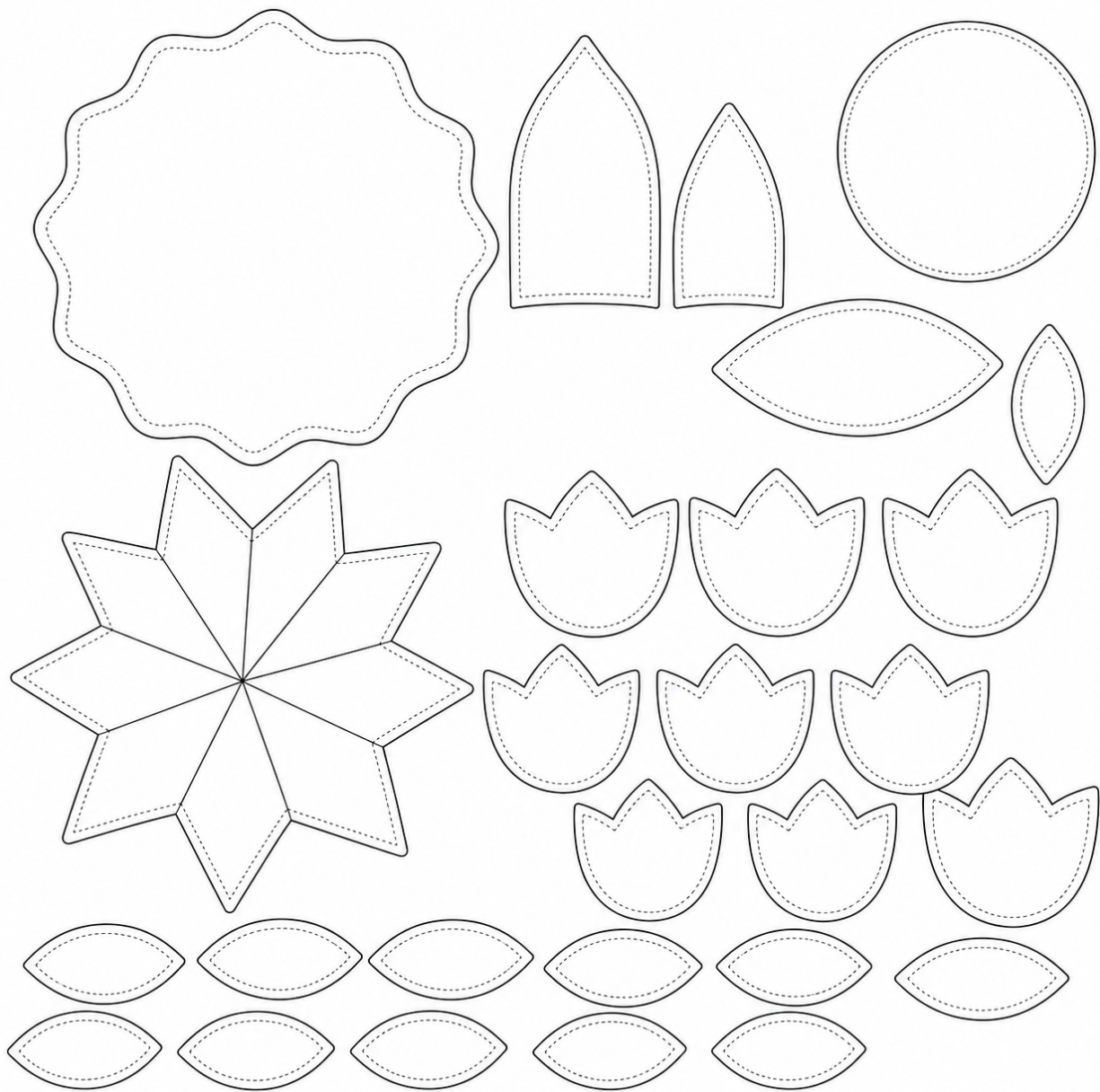
- Diameter: **45 cm (17.7 inches)**

## Materials

- Assorted quilting cotton fabrics for the star
- Red, pink, purple, yellow, orange floral fabrics for tulips
- Various green fabrics for leaves
- Cream or light beige background fabric
- Backing fabric (50 × 50 cm)
- Cotton batting (50 × 50 cm)
- Coordinating sewing thread
- Fusible web (optional for appliqué)
- Rotary cutter
- Cutting mat
- Quilting ruler
- Sewing clips or pins
- Sewing machine
- Iron and ironing board

## Seam Allowance

Use a **0.7 cm (¼ inch)** seam allowance throughout the project.



# Cutting Guide

## Star Diamonds

Cut:

- 12 diamonds from Fabric A
- 12 diamonds from Fabric B

Approximate size:

- 9 × 18 cm before sewing

## Tulips

Cut:

- 12 tulip flowers

Approximate height:

- 11 cm

## Leaves

Cut:

- 24 leaves
- Two leaves for each tulip

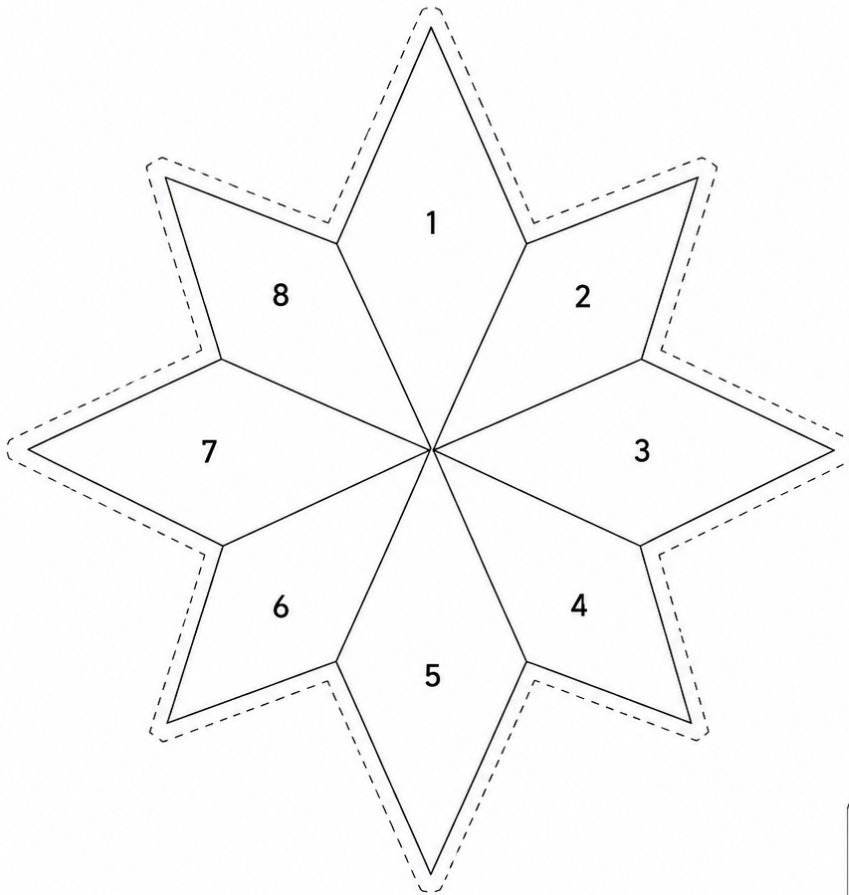
## Background Wedges

Cut:

- 12 wedge sections from cream fabric

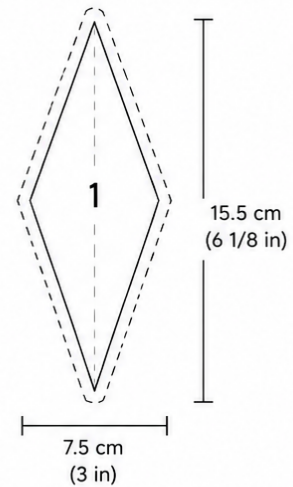
# QUILT STAR – INNER STAR TEMPLATE

Seam allowance 0.7 cm (1/4 in) included



**INNER STAR**  
**FINISHED SIZE (diameter):**  
30 cm (11 3/4 in)  
**Each point finished length:**  
15 cm (5 7/8 in)

## TEMPLATE PIECE



## CUTTING INSTRUCTIONS

Cut 8 pieces  
(Templates 1 to 8)  
from your fabric

## NOTES

- Cut 8 fabric pieces using the template (1 to 8).
- Join the pieces in numerical order (1 to 8) to form the inner star.
- Press seams open for a flat finish.
- This template includes 0.7 cm (1/4 in) seam allowance.

## **Center Circle**

Cut:

- 1 circle
- Diameter: 16 cm

## **Backing and Batting**

Cut:

- One circle approximately 50 cm in diameter

# **Step 1 – Make the Star Block**

Pair one diamond from Fabric A with one from Fabric B.

Sew each pair together using a precise  $\frac{1}{4}$  inch seam.

Press every seam open or toward the darker fabric.

Create twelve identical diamond units.

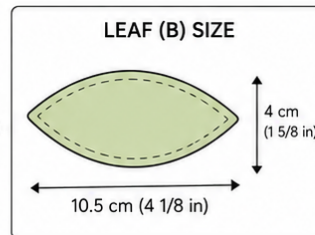
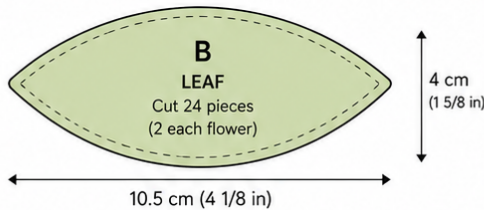
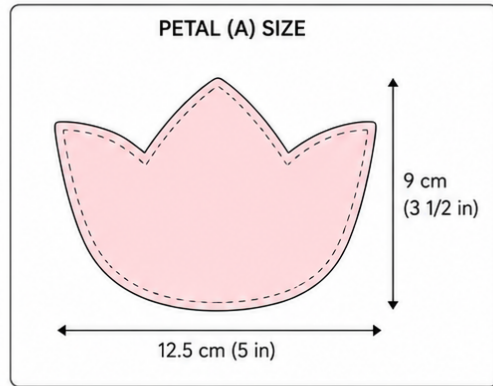
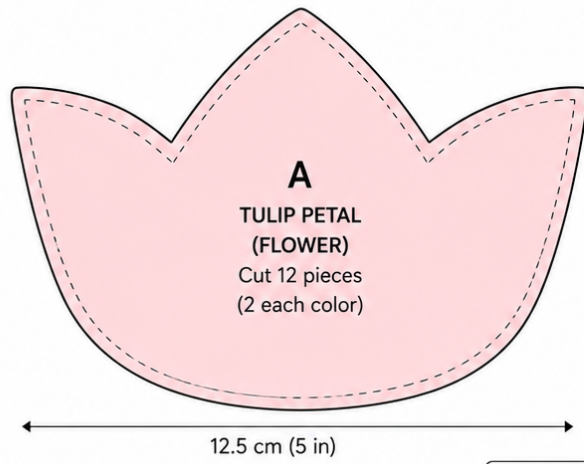
Join the units into four-point sections.

Finally sew the sections together to complete the large eight-point star.

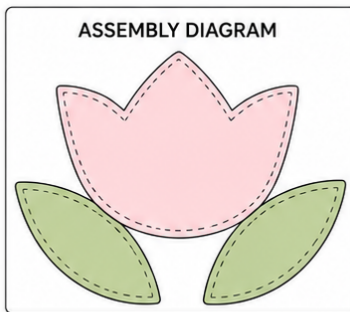
Press carefully until perfectly flat.

# Quilt Tulip Flowers – Template

Seam allowance 0.7 cm (1/4 in) included

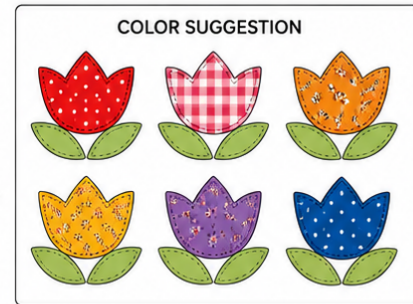


| QUANTITY GUIDE                      |                      |
|-------------------------------------|----------------------|
| <b>A</b> Tulip Petal (Flower) ..... | 12<br>(2 each color) |
| <b>B</b> Leaf .....                 | 24<br>(2 per flower) |



## NOTES

- Cut the fabrics using the templates above.
- Each flower uses 1 Petal (A) and 2 Leaves (B).
- The outer ring has 12 flowers in total.
- This template includes 0.7 cm (1/4 in) seam allowance.
- Applique or sew the pieces to the background as shown.



FINISHED QUILT SIZE (REFERENCE): Approx. Ø 60 cm (23 5/8 in)

## Step 2 – Attach the Center Circle

Center the cream fabric circle over the middle of the star.

Pin evenly around the edges.

Appliqué using a narrow zigzag stitch, blanket stitch, or invisible hand stitch.

Press after sewing.

The circle finishes the center and hides the star intersections.

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## Step 3 – Sew the Background Wedges

Join one cream wedge between every star point.

Work around the entire star.

Maintain accurate seam allowances.

Press after every seam.

The background should now form a complete circular block.

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## Step 4 – Make the Leaves

Place two leaf pieces with right sides together.

Sew around the curved edge.

Leave the bottom edge open.

Trim the seam allowance.

Turn right side out.

Press carefully.

Repeat until all **24 leaves** are completed.

## Step 5 – Attach the Leaves

Arrange one pair of leaves between each background wedge.

Position them so they extend beyond the outer edge of the circle.

Pin securely.

Topstitch or appliqué each leaf into place.

Keep spacing even around the project.

## Step 6 – Make the Tulips

Fold each tulip piece with right sides together.

Sew around the curved edges.

Leave the bottom edge open.

Clip the curves.

Turn right side out.

Press well.

Repeat until all **12 tulips** are finished.

## Step 7 – Attach the Tulips

Position one tulip above every pair of leaves.

Pin securely.

Topstitch or appliqué each tulip.

Ensure every flower points outward from the center.

Check that spacing remains symmetrical.

## Step 8 – Quilt the Table Mat

Layer the quilt sandwich:

- Backing (right side down)
- Batting
- Quilted top (right side up)

Baste all layers together.

Quilt around:

- The center circle
- Every star point
- Around each tulip
- Along every leaf

Echo quilting works beautifully for this project.

Remove all basting pins after quilting.

## Step 9 – Bind the Edge

Cut binding strips approximately **5 cm (2 inches)** wide.

Join strips together.

Fold lengthwise and press.

Sew the binding around the curved outer edge.

Clip curves when necessary.

Fold binding to the back.

Hand stitch or machine stitch the binding closed.

Press the finished edge.

# Step 10 – Final Press

Inspect the quilting.

Trim any loose threads.

Give the entire mat one final press.

Your **Tulip Star Quilted Table Mat** is now complete.

## Quilting Techniques Used

- Rotary cutting
- Precision piecing
- Curved appliqué
- Echo quilting
- Topstitching
- Traditional quilt binding

## Helpful Tips

Choose high-contrast fabrics so the star stands out.

Mix floral and small-scale prints for the tulips.

Press every seam before adding the next section.

Use quilting clips when sewing around curves.

Quilt from the center outward to prevent puckers.

## Care Instructions

Machine wash on a gentle cycle using cold water.

Use mild detergent.

Do not bleach.

Lay flat or line dry.

Iron on medium heat if needed.

## Customization Ideas

Create matching placemats using the same star block.

Use autumn-colored fabrics for a fall version.

Replace tulips with sunflowers, daisies, or poinsettias for seasonal décor.

Add decorative embroidery around the center circle.

Increase the diameter by adding another border of leaves and flowers.

## Conclusion

The **Tulip Star Quilted Table Mat** is a delightful quilting project that blends traditional patchwork with dimensional floral appliqué. The bright star center, colorful tulips, and soft quilted texture make it a beautiful centerpiece for any dining table. Whether displayed during spring celebrations or enjoyed year-round, this handmade quilted mat is sure to become a favorite piece in your home décor.