The Cozy Toast Pillow

An illustrated crochet tutorial • Cream crumb, caramel crust & a cheerful face



A soft, three-lobed toast cushion with a separate side band, crocheted eyes, a pink nose and four stuffed limbs.

Finished size: approximately 42 cm wide × 37 cm high × 6 cm deep, excluding limbs. Legs add about 7 cm. Size depends on yarn, tension and stuffing.

Pattern note: This original interpretation is based on the supplied reference. It is not a recovered or physically tested pattern. The new 3D illustrations explain construction; follow the written counts and final chart for stitch placement.

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01 / Materials & preparation

Gather everything before you begin. All measurements are in centimeters.

Yarn and tools

Yarn: bulky chenille, category 6, approximately 100 m per 100 g. Allow cream 350-450 g, caramel 200-250 g and darker caramel 30-50 g. Amounts are estimates; keep an extra matching ball available.

Details: small amounts of smooth brown, pink and white yarn for face pieces and embroidery. Use a compatible 2.5-3.5 mm hook for these details.

Main hook: start with 5.5 mm; adjust to obtain a dense fabric. Also gather 300-450 g polyester stuffing, blunt yarn needles, scissors, tape measure and locking stitch markers. Use strong matching smooth yarn for seams if chenille sheds.

Gauge and sizing

Target gauge: 10 single crochet stitches × 12 rows = 10 × 10 cm. Make a 14-stitch swatch for 16 rows and measure the central 10 cm without stretching. Adjust hook size before making the panels.

If 10 stitches measure more than 10 cm, the cushion will be larger; try a smaller hook. If the fabric shows stuffing, use a smaller hook even if the finished size changes. Do not steam chenille unless its label permits it.

US terms used throughout

ch = chain; sc = single crochet; sl st = slip stitch; inc = 2 sc in one stitch; dec = sc2tog over the next 2 stitches; st(s) = stitch(es); RS/WS = right/wrong side; MR = magic ring.

For flat rows, ch 1 and turn after every row unless told to fasten off. The turning chain never counts as a stitch. For rounds, work in a continuous spiral and move a marker at the start of each round.

How to work the essential stitches

Single crochet: insert hook under both top loops of the next stitch, yarn over and pull up a loop; yarn over and pull through both loops. Increase: work two complete single crochet stitches into that same stitch.

Decrease (sc2tog): insert hook in the next stitch, yarn over and pull up a loop; repeat in the following stitch. Yarn over and pull through all three loops. Magic ring: work the stated stitches into an adjustable yarn loop and pull the tail to close; secure the tail firmly, without breaking the chenille.

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02 / Crochet two body panels

Use cream yarn and the main hook. Make both panels exactly alike.

Work from the bottom upward

Foundation: ch 37 loosely.

Row 1: sc in second ch from hook and in each remaining ch. 36 sts.

Row 2: inc, sc 34, inc. 38 sts.

Row 3: inc, sc 36, inc. 40 sts.

Rows 4-30: sc in each st. 40 sts per row. This is 27 straight rows.



Row 31: dec, sc 36, dec. 38 sts.

Row 32: dec, sc 34, dec. 36 sts. This creates the small side indent.

Row 33: inc, sc 34, inc. 38 sts.

Row 34: inc, sc 36, inc. 40 sts.

Rows 35-36: sc in each st. 40 sts. Fasten off after Row 36.

Check before shaping the top

At the target gauge, the unedged body is approximately 40 cm wide and 30 cm high at Row 36. Lay it flat. Count all 40 stitches in the final row and place markers after stitches 13 and 27.

The top is split into three adjacent sections: 13 stitches + 14 stitches + 13 stitches. Each lobe is worked separately. Do not stitch across the gaps between finished lobes.

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03 / Shape the crown & crust

Three separate lobes create the toast silhouette.

Outer lobes: work twice

With the RS facing, join cream in the first stitch of the selected 13-stitch section. Keep the other sections unworked. Begin each new lobe from the same face of the panel.

Lobe rows 1-2: sc 13. Row 3: dec, sc 9, dec (11). Row 4: dec, sc 7, dec (9). Row 5: dec, sc 5, dec (7). Row 6: dec, sc 3, dec (5). Fasten off. Repeat over the other outer section.

Center lobe: work once

Join cream in the first of the 14 center stitches. Rows 1-2: sc 14. Row 3: dec, sc 10, dec (12). Row 4: dec, sc 8, dec (10). Row 5: dec, sc 6, dec (8). Row 6: dec, sc 4, dec (6). Fasten off.

Add one caramel edging round

Join caramel near the lower center. Sc around the entire outline: start with 1 sc per top or bottom stitch and 1 sc per row end. At convex corners add a second sc where needed; at each deep valley use sc2tog across the two adjacent row ends to keep it snug.

Keep the fabric flat. Add or remove a stitch only where the edge pulls or waves. Record the final count as N. Edge the second panel in the same way, with the same N and corresponding markers.

The edging is fitted to your tension, so no fixed perimeter count is given. Both edged panels must match before making the side band.



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04 / Make the friendly face

Attach all face pieces to the front panel before closing the pillow.

Eyes: make 2 in brown

Use smooth yarn and the smaller hook. Round 1: 6 sc in MR (6). Round 2: inc in each st (12). Round 3: [sc, inc] 6 times (18). Sl st to next stitch; fasten off with a sewing tail.

Aim for eyes approximately 3 cm across. If necessary, adjust yarn or hook. Add one small white embroidered highlight to each eye. Sew all the way around the edge.



Pink oval nose

Round 1: ch 4; sc in second ch, sc in next ch, 3 sc in last ch. Continue on the other side of the chain: sc in next ch, 2 sc in final ch (8).

Round 2: inc, sc, inc in each of next 3 sts, sc, inc in each of last 2 sts (14). Sl st and fasten off. Aim for a 3-4 cm wide oval.

Place and embroider

With the front RS facing, mark eye centers about 12 cm apart and 11-12 cm below the highest top edge. Center the nose between them, about 1.5 cm lower. Pin first and check the expression from a distance.

Sew the nose perimeter down without stuffing. Add three tiny brown freckles beside the nose using short straight stitches. Secure all ends on the WS without tight knots that could distort the fabric.

Optional lettering: mark “I’M TOAST” lightly across a 17-20 cm line on the lower front, about 8 cm above the bottom. Backstitch with smooth caramel yarn, using 3-4 cm high letters. Remove any guide thread afterward.

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05 / Arms & legs

Make two arms and two legs. Work spirals; use a round marker.

Arms: make 2

Start with darker caramel. R1: 6 sc in MR (6).
R2: inc × 6 (12). R3: [sc, inc] × 6 (18).

R4-6: sc around (18). Change to caramel on the last yarn-over of R6.

R7-10: sc around (18). R11: [sc, dec] × 6 (12).
R12-14: sc around (12).



Stuff the rounded tip lightly; keep the final 2 rounds unstuffed. Flatten the opening and sc through both layers across 6 pairs of stitches. Leave a long sewing tail. Approx. 11-12 cm long.

Legs: make 2

Start with darker caramel. R1: 6 sc in MR (6). R2: inc × 6 (12). R3: [sc, inc] × 6 (18). R4: [2 sc, inc] × 6 (24).

R5-6: sc around (24). R7: [2 sc, dec] × 6 (18). Change to caramel.

R8-10: sc around (18). R11: [sc, dec] × 6 (12). R12: sc around (12). Stuff the foot; keep the opening soft. Flatten and close across 6 paired stitches. Leave a sewing tail. Approx. 9-10 cm long.

Secure placement: pin each arm to a side edge, about 17 cm above the bottom. Pin the legs to the lower edge, their centers about 16 cm apart. Overlap the closed ends 2 cm onto the WS of the front edging and sew each with two passes. The main seam will reinforce these joins.

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06 / Side band & assembly

Use caramel to form the thick crust between the cream faces.

Make the fitted side band

Use the edging count N recorded on page 4. Ch N + 1 loosely. Row 1: sc in second chain and across (N). Rows 2-5: ch 1, turn, sc in every stitch (N). The band is about 4 cm wide.

Check its long edge against the edged panel before fastening off. The N band stitches must fit the N perimeter stitches without pulling or ruffling. If your chain is tight, remake it with a larger hook. Sew the two short ends together to make a loop; put this join at the bottom center.

Sew the front to the band

Place the band around the front with WS inward. Mark bottom center, both sides and the three crown tips on each piece. Match these markers, then pin the curves and valleys.



Whipstitch the first long band edge to the front edging, matching one band stitch to one edging stitch. Catch both loops securely. Keep the seam flexible. Sew over the limb bases again as you pass them.

Sew the second long band edge to the back edging the same way, matching the foundation-chain positions one-for-one. Leave a 12-15 cm opening along a lower side for stuffing.

Orientation check: the cream right sides face outward, the face is on the front, and all limbs point outside the pillow. The side band must not be twisted. Keep your needle and markers accounted for before filling.

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07 / Fill, close & finish

Create a softly padded cushion without stretching the crochet.

Stuff gradually

Pull stuffing into small, airy tufts. Fill the three top lobes and lower corners first, then the center. Support the side band with your hand so it keeps an even depth.

Add enough filling for a rounded cushion, about 6 cm deep at the center. Stop if stitches spread or the crown valleys disappear. Remove filling if the front becomes excessively domed.



Close the opening

Pin the remaining seam. Continue the same whipstitch, adding small tufts only where needed. Secure the tail with several hidden passes through the seam allowance, then weave it into the fabric.

Massage the filling evenly. Smooth the crust around each lobe and bend the limbs gently into position. Check that no stuffing is caught in the seam.

Final checks and care

Check: both panels match, all seams are closed, eyes and nose are firmly sewn, limb bases resist a gentle tug, and every pin or marker has been removed. Sewn facial details are preferable to hard plastic eyes for this project.

Care: follow the yarn and stuffing labels. Spot-clean when possible, press out moisture gently and dry completely while supported flat. Avoid high heat or wringing chenille.

Using the printable chart

The final page is a counted shape chart for one cream panel, plus assembly schematics. Each × is one finished sc stitch; widening rows use increases and narrowing rows use decreases as written. Read body rows upward, then work each lobe separately. The chart is not a life-size cutting template.

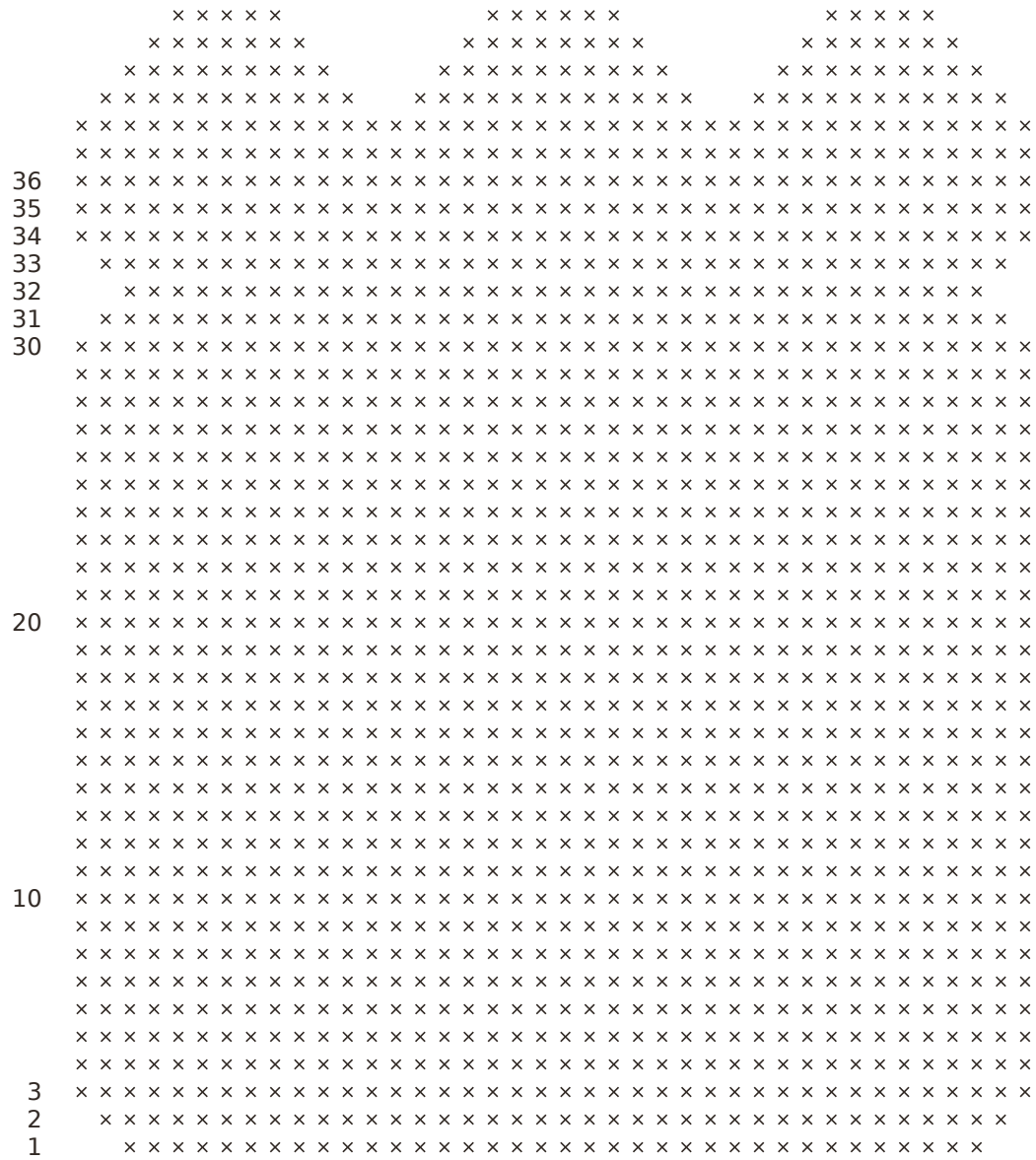
Print on A4 at 100% for clear symbols. The illustrations show construction and may simplify individual stitches. Use the written row instructions whenever you need the exact increase, decrease or joining sequence.

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Panel & assembly diagram

One cream panel • make 2 • US terms • schematic, not actual size

× = one sc stitch | Body: rows 1-36 | Each lobe: rows 1-6



Foundation: ch 37 → 36 sc • Maximum width: 40 sc

ASSEMBLY / caramel band: N stitches × 5 rows



Match N edge stitches on both panels. Leave a 12-15 cm filling opening.

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